

**Priority: Mental Health and Wellbeing**

Aim: Improve Mental Health and Wellbeing						
Objective	Actions	Measures	Lead Partner	Resources	Progress/Timescale	RAG
Increase awareness of mental health conditions and support services available	Support the countywide Public Health mental health campaigns		Claire Moran/WCC	Leaflets/resources from WCC		Amber
	Promote "5 ways to Wellbeing"		Claire Moran/ All partne	5 ways to wellbeing booklet	Booklet is distributed and promoted through events/partners	Amber
	Raise awareness of the Wellbeing website and support people to access this tool		Helen Broughton/ All partners	www.wellbeinginpartnership.co.uk Funded from last years CCG pot	Website is complete and is promoted through events/partners	Amber
	Raise awareness of the IAPT service, particularly its self referral pilot.	Referral numbers to IAPT	Paula Johnson/ Claire Moran/ Helen Broughton			Amber
	Complete a mapping exercise to highlight low level mental wellbeing support for children and young people, run by local community groups/ services		Claire Moran		Complete. This highlighted the need for more support to be coordinated.	Green
Increase support for those with low level mental health conditions	Set up a task and finish group to create a specific action plan to tackle lower level mental health support for children and young people (see separate tab)		Helen Broughton/Claire Moran/ Task and finish group	Leftover pot of money (Up to £20,000)	Group has started meeting. Action plan is developing (see separate tab for full details)	Amber
	Promote MHFA training for people working with children and young people				It is likely this would be incorporated into the task and finish group	Amber

Objective	Actions	Measures	Lead Partner	Resources	Progress/Timescale	RAG
	Early Help and Mentorlink pilot project which provide mentors for people who have access short term mental health interventions before.		Early Help / Mentorlink	CCG £5k from 2011-12 pot.	May 2014 onwards.	Amber
Link with and support the development of the Mental Health Action Group (MHAG)	Liaise with the MHAG and develop/support links with this group and the H&WB/LCP		Claire Moran/Helen Broughton/MHAG		Links have been set up and closer working will now be taking place regarding meeting attendance at the RCWT and MHAG	Green
Increase referrals to, and awareness of local voluntary and community services supporting mental wellbeing	Develop and implement a social prescribing pilot	Amount of referrals that agencies receive/ mental wellbeing impact	Liz Altay/ Claire Moran/ CCG/ Partners		Project plan has been developed. Pilot started in May	Amber
Reduce stigma around mental health conditions	Promote "Time to Change"		Claire Moran/Partners	TBC, possibly some of the 20,000?	This may be incorporated into some of the task and finish group actions	Red